

Phone: (845) 791-1515 253 Rock Hill Dr. • Rock Hill www.rockhillrx.com

M - F: 8:30am - 7:00pm 9:00am - 3:00pm Sunday: Closed

Mountain Physical Therapy



Dr. Abdelhalim Nada, PT, M.Sc, DPT, PhD Owner / Rehab Director

> Phone: (845) 796-2470 Fax: (845) **796-1420**

abdelhalim@mountaintherapycenter.com - MountainTherapyCenter.com

KITCHENS - BATHROOMS - DECKS - RENOVATIONS - DOORS - SIDING SHEETROCK - WINDOWS - FENCE INSTALL - CONCRETE WORK House Jacking - Finish Basements - Power Washing etc.

East End Auto Repair

Check Out Our Low Tire Prices!

We Offer Motorcycle Inspections

Complete Auto Repair

Fred Franke & John Hynes, owners Rt. 52 • Woodbourne



845-436-8689

Kristt Kelly Office Systems Corp.



Office Supplies Equipment & Furniture Computers Art Supplies • Framing and Kyocera Copiers

(845) 794-6639 or (800) 244-6482

Order online: www.kristt.com

les@kristtco.com • gkelly@kristt.net 369 Broadway • P.O. Box 548 • Monticello, NY 12701 Now a FedEx Shipping center for ground & overnight



3471 Rt. 55 White Lake, NY (formerly Progressive Auto Body

Work 100% Guaranteed

Complete Auto Service Specializing In COLLISION REPAIR • Frame Machine Spray Booth • Insurance Estimates • Towing & Recovery

<u>You Have The Right To Choose Your Repair Shop</u>

ALAN SCHANTZ AGENCY Inc.

ALL FORMS OF INSURANCE

(845) 794-5344

• Auto • Truck • Business • Home • Life • Flood • Contractor's CALL FOR FREE QUOTE • PERSONAL SERVICE

SchantzInsurance.com Rock Hill, NY 12775

253 Rock Hill Drive Next to Dunkin' Donuts



Fulton Fresh Directly From Hunts Point

845-428-5436

STAY HEALTHY - EAT FISH

187 Mill St., Suite 8 • Liberty NY 12754 libertyfishmarketny@gmail.com



Sullivan County, NY Vol. 3 No. 1 • January 2024 published by Ads 4 Bags LLC Pam Henning 845-866-0837

local happenings, news

and třívía…for you

FIND US ONLINE! NYSullivan.com

It's February Happy Valentine's Day!

Giving chocolate on Valentine's Day is also a popular tradition. It is believed that giving chocolates symbolizes love and affection, as well as a sweet and indulgent treat to show someone how much you care for them. Additionally, the act of giving chocolate can be a romantic gesture and a way to express your feelings for someone on a special day dedicated to love and romance.



Let's explore some other fun and unique ways to celebrate this Valentine's Day. Who knows, you might even start a new tradition!

Art Class Date: Sign up for an art class together, whether it's painting, pottery, or sculpture. It's a fun way to explore your creative sides and create lasting memories.

Ghost Tour or Haunted House Visit: If you both enjoy a good scare, consider going on a ghost tour or visiting a haunted house for a thrilling and memorable experience.

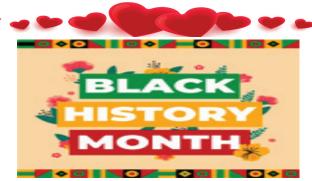
Comedy Show Date: Attend a stand-up comedy show together. Laugh-

ter is a great way to bond, and comedy clubs often have Valentine's Day specials.

Play Board Games or Card Games: Choose games that are light-hearted and fun. If you're feeling creative, you can even make up your own silly rules.

So have some fun doing something unique and creative this Valentine's Day and maybe start a new tradition.





February is recognized as Black History Month. The choice of February was intentional, as it coincides with the birthdays of two prominent figures in American history: Abraham Lincoln and Frederick Douglass. Over time, what began as a week-long celebration expanded into a month-long observance, officially designated as Black History Month.

During this month, schools, institutions, and communities engage in various activities and events to educate people about the achievements, struggles, and rich cultural heritage of

African Americans. The month serves as a reminder to reflect on the significant impact African Americans have had on shaping the nation's history, despite facing adversity and systemic challenges. It is a time to honor the accomplishments of Black individuals in various fields, including science, arts, politics, and civil rights.



"Don't Count The Days; Make The Days Count." — Muhammad Ali



(845) 513-6400 riggs@riggspl.com

(845) 866-4643

ROOFS · DEC

& ALL YOUR BUILDING NEEDS **f**



ZenoLaw5198@gmail.com

845-544-5198 417-720-8092

Maria O. Zeno, Esq

"I have sold hundreds of homes and pride myself on exceptional customer service as well as providing my clients with honest, accurate, and timely information." Local (I live in Rock Hill) Award Winning Real Estate Professional



SUSAN GIORDANO E RE Salesperson

Office:845-344-2800 Cell:845-728-9800 E-mail:sue.giordano@aol.com



Russells Garage



Michael Wiener, Proprietor



(845) **436-0** P.O. Box 277 - Loch Sheldrake, NY

ACROSS FROM POST OFFICE



ABUNDANCE MOBILE VET DR.LARRY MAUER

> P.O.BOX 190 KIAMESHALAKE, NY 12751

TEL.(845)791-4400 ABUNDANCEOFCAREVETS@GMAIL.COM



Hot Dogs Burgers Chuzo **Chulas Potatoes Beverages**

845-747-9528

15 Sullivan Ave, LIBERTY MALL Unit 1P Home Service <a>© Lachulaperros & Papitas



Great Food • Cold Drinks Friendly Atmosphere

1001 Benton Hollow Rd, Woodbourne, NY

